

Emergency Response for Suicide Prevention



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Emergency Response for Suicide Prevention (ERSP)

The COVID-19 pandemic has attributed to significant increases in adverse behavioral health symptoms. In June of 2020, 40.9% of adults in the US reported increases behavioral health symptoms, 10.7% of whom seriously considered suicide in the past 30 days. The ERSP program is a multi-dimensional program aimed to reduce suicide and improve the mental wellness of those struggling with thoughts of suicide in Washington State.

Additionally, current conditions exacerbate suicidality for domestic violence survivors. With this concern in mind, additional resources are targeted to provide enhanced services for survivors and their dependents including emergency housing funds to provide a safe place to stay in the event that individuals are unable to remain safely in the home setting.

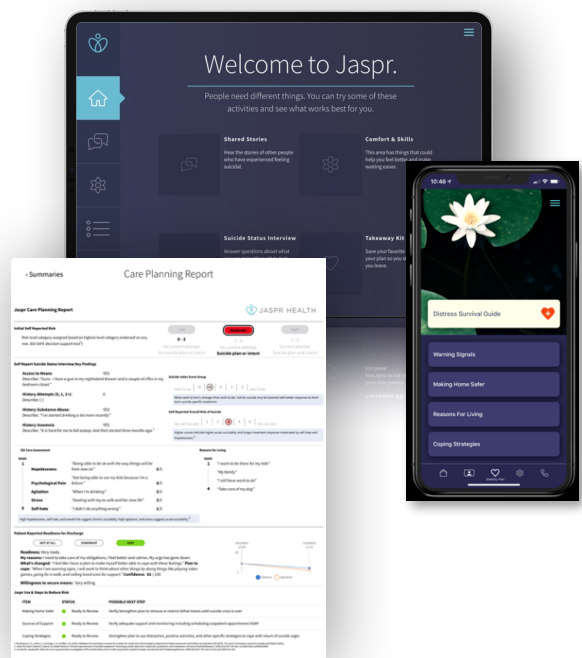
This innovative suicide prevention program combines two approaches to make an impact on this increasing problem: First, a robust Suicide Support Program for people struggling with suicide. Second, comprehensive trainings in suicide prevention, DBT for domestic violence advocates and suicide specific webinars for anyone serving people who struggle with suicide.

ERSP Suicide Support Program

The suicide support program combines the use of evidence-based interventions assisted by a digital app (Jaspr Health™), with the power of post crisis support by Peer Navigators who have lived experience with suicide. The program is Available to anyone in Washington State who meets eligibility criteria*.

The Jaspr Health™ app

- Comprehensive Suicide Assessment
- Lethal Means Counseling
- Suicide Crisis Safety Plan
- Psychoeducation about Suicide and Suicide Prevention Methods
- Shared Stories from People who have Lived Experience with Suicide
- Provider Care Planning Reports
- Includes access to the *Jaspr at Home* app



Peer Navigator Support

- Caring support for people who are struggling with suicide
- Using the Jaspr Health™ app via telehealth to augment post crisis support
- Emotional Peer Support
- Develop and use coping skills
- Identify warning signs
- Assistance in Connecting with Mental Health Programs
- Facilitate making connections with Natural Supports and Recovery Programs

***Eligibility Criteria**

- *25 Years or Older*
- *Recent thoughts of suicide, including those who have made attempts*
- *Assesses as appropriate for ERSP Support Program and referred by support staff*

Referral Information, please contact 206-744-9677

Domestic Violence Survivor Support

- ERSP domestic violence survivor support partner ***New Beginnings***
- Survivors who meet eligibility requirements are offered the ERSP Suicide Support Program
- Temporary Emergency Housing Assistance for survivors

Free Statewide Suicide Prevention Education

- ***All Patients Safe*** on-line training designed for Medical Professionals & All Client-Facing Staff
 - 3 and 6 hour courses that meet WA State Licensure Requirements
 - Visit apsafe.uw.edu for more information
 - Upcoming Modules: Firearms Culture and its Potential Impact on Counseling around Lethal Means (In Development) and Cultural Humility in Suicide Prevention Care (1-hour interactive module).
- Online training in Non-demanding Caring Contacts made available to 250 trainees. (In Development)
- Webinars – to be announced:
 - Are Health Care Providers at Higher Risk for Suicide? (60 min)
 - Domestic Violence and How to Address Suicide Risk (60 min).
 - Developing a Health System Protocol for Suicide Care: Lessons from Health System Administrators Who Have Done It (90 min).

Project Partners

FUNDING



TRAINING



PROVIDER



DIGITAL HEALTH SOLUTION



DATA ANALYTICS



For More Information

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